



# LOST IN TRANSITION

The Medical Role in Transition from Adolescence to Adulthood:  
*Children with & without Special Health Care Needs*

October 3, 2012

Presented by the American Academy of Pediatrics,  
New York Chapter 3



## AGENDA

- 7:15 am Registration / Breakfast
- 7:50 am Welcome  
Lynn Davidson MD & Marcia Nackenson MD
- 8:00 am **Keynote: Healthcare Transition: Current Recommendations and their Application**  
Patience White MD
- 9:00 am **Panel Discussion: Subspecialists from Pediatric to Adult – Mind the Gap**  
Allen Dozor MD, Michael Gewitz MD, Frederick Kaskel MD PhD & Michael Roth MD  
*Moderator: Elizabeth Alderman MD*
- 10:15 am Coffee Break
- 10:30 am **HealthyTransitionsNY.org: A Skills-based Transition Curriculum and Toolkit for Youth with Developmental Disabilities**  
Nienke Dosa MD
- 11:15 am **Panel Discussion: The Parent’s Perspective: What’s the Law Got to do with it?**  
Naomi Brickel, Sheryl Frishman Esq. & John Maltby MSW
- 12:00 pm **Internists' Perspective on Transition of Youth with and without Special Health Care Needs**  
Patience White MD
- 1:00 pm **Lunch and Workshop: Writing a Transition Policy for Your Workplace**  
*Facilitators: Elizabeth Alderman MD, Lynn Davidson MD, Marcia Nackenson MD & Patience White MD*
- 2:30 pm **After the IEP: Education, Employment, Housing and Legal Status for Youth with Special Health Care Needs**  
Steven Towler
- 3:30 pm Adjourn

## OVERVIEW

Data from both national and local studies are clear that pediatricians do not start the transition process early enough or in a formalized way.

Young adults with and without special health care needs are frequently “lost in transition” and utilize emergency services for their primary care, or forego care completely until an urgent situation occurs. The lack of primary health care and preventive health services ultimately leads to poorer health outcomes and avoidable increases in health care costs.

At the conclusion of this conference participants will be familiar with the following:

- The importance of an organized transition process for all adolescents.
- The essential elements of a transition process from the perspective of primary care pediatrics, pediatric and internal medicine subspecialties, primary care internal medicine/family medicine.
- Available tools to assist health care providers and families in the transition process.
- Legal aspects of transition.
- Housing, education, employment options, and health insurance for adolescents with special needs.
- The concept of a formal transition policy for every practice, as well as a completed policy draft for their own workplace.
- Understanding roadblocks to smooth transition and how to overcome them.

## LOCATION [Click for Directions](#)

Maria Fareri Children’s Hospital at Westchester Medical Center / 100 Woods Road / Valhalla, New York 10595

## AUDIENCE

General pediatricians, adolescent medicine specialists, developmental pediatricians, pediatric and adult subspecialists, NPs, family practitioners and internists.

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## FACULTY

### Course Directors

#### **Lynn Davidson, MD, FAAP**

Pediatric Attending, Children's Hospital at Montefiore  
Neurodevelopmental Pediatrician  
Assistant Professor Albert Einstein College of Medicine  
Bronx, NY

#### **Marcia Nackenson, MD, FAAP**

Attending Physician, Section of Adolescent Medicine  
Maria Fareri Children's Hospital at Westchester Medical Center  
Clinical Associate Professor of Pediatrics  
New York Medical College  
Valhalla, NY

### Guest Faculty

#### **Elizabeth Alderman, MD, FAAP**

Director, Post-doctoral Fellowship, Division of Adolescent Medicine  
Children's Hospital at Montefiore  
Professor of Clinical Pediatrics  
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#### **Naomi Brickel**

Project Coord., Hudson Valley Special Education Parent Center  
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#### **Nienke Dosa, MD, FAAP**

Director, New York State Institute for Health Transition Training  
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Associate Professor of Pediatrics  
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#### **Allen Dozor, MD**

Chief, Section of Pediatric Pulmonology, Westchester  
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Associate Director of Pediatrics, Associate Physician-in-Chief  
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#### **Sheryl R. Frishman, Esq.**

Special Needs Attorney  
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#### **Michael Gewitz, MD, FAAP**

Physician-in-Chief/Executive Director  
Chief, Pediatric Cardiology  
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#### **Frederick Kaskel, MD, PhD, FAAP**

Children's Hospital at Montefiore  
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#### **John Maltby, MSW**

Director of Community Support Programs  
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#### **Michael Roth, MD**

Pediatric Hematologist-Oncologist  
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#### **Steven Towler**

Assistant Executive Director  
AHRC New York City  
New York, NY

#### **Patience H. White, MD, FAAP (Keynote Speaker)**

Vice President of Public Health, Arthritis Foundation  
Medical Transition Consultant, National Health Care  
Transition Center  
Bureau of Maternal and Child Health, Health and Human Services  
Professor of Medicine and Pediatrics  
George Washington University School of Medicine and  
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## ACCREDITATION

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Medical Society of the State of New York (MSSNY) through the joint sponsorship of the Westchester Academy of Medicine and the American Academy of Pediatrics. The Westchester Academy is accredited by MSSNY to provide continuing Medical Education for physicians.

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- \$95 Sept. 25<sup>th</sup> & later

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#### **Student, Physician-in-Training & Non Physician:**

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- \$70 Sept. 25<sup>th</sup> & later

*For More Information: contact Jessica in the AAP NY Chapter 3 Office at [jgeslani@aap.org](mailto:jgeslani@aap.org) or 516-326-0310*