Course Description
Visits for skin-related problems comprise a high percentage of the practice of pediatricians, family practitioners, nurses and others involved in the primary care of children and teenagers. Common skin diseases in children range from routine problems like atopic dermatitis and acne to acute ones like reactions to infections or drugs. In addition, birth marks and skin growths such as hemangiomas occur in up to 5% of children.

Educating pediatricians and others involved in the care of children and adolescents in the appropriate diagnosis, evaluation and management of conditions affecting the skin is important to help them deal with their daily practices. Recent advances in our understanding of the causes, associations and treatments for many of these problems make regular updates all the more critical. This essential course for anyone who treats children is intended to provide a timely update and overview of a variety of conditions affecting the skin, hair and nails in an interactive format.

Target Audience
Pediatricians, Family Practitioners, Primary Care Practitioners, Residents, and Nurse Practitioners.

Statement of Need
Skin ailments/diseases constitute a high percentage of patient visits to those who care for children and adolescents. The American Board of Pediatrics polled a random sample of 1000 general pediatricians selected from their database to determine the competency areas within their field in regard to importance and frequency to their practice; and skin disorders were listed in the top 10. However, many practitioners are unsure how to best treat the common disorders that their patients present, including infectious diseases, atopic dermatitis, acne vulgaris, hemangiomas, and moles. Not only should these clinicians be able to list specific characteristics of common dermatologic problems and initiate appropriate treatment; there are different risks/benefits for available treatments for infants, children and adults. Pediatricians, primary care physicians and nurses also need to have strategies to determine when to refer patients to a dermatologist.

Educational Objectives
• Utilize barrier, repair and anti-inflammatory therapies to manage children with atopic dermatitis
• Distinguish between common and worrisome birthmarks/hemangiomas and utilize strategies to determine if referral to a dermatologist is necessary
• Recognize differences in the presentation and evaluation of acne in infants, children and teenagers and base treatment decisions on an analysis of efficacy versus tolerability
Saturday, June 11, 2011
7:15 am Registration and Continental Breakfast
8:00 am Introduction
Seth J. Orlow, MD, PhD
Session 1: Moderator – Seth J. Orlow, MD, PhD
8:10 am Pigmented Lesions in Kids: When to Worry
Seth J. Orlow, MD, PhD
8:40 am What’s Eating You? Bugs and Kids’ Skin
Bernard A. Cohen, MD
9:10 am Evaluation and Management of Hair Loss in Children
Seth J. Orlow, MD, PhD
9:40 am Caring for Children with Complex Chronic Skin Conditions
Elizabeth Keating, PNP
10:00 am Questions and Answers Panel
Jula V. Schaffer, MD
Bernard A. Cohen, MD
Elizabeth Keating, PNP
10:30 am Coffee Break
Session 2: Moderator – Julie V. Schaffer, MD
11:00 am How New Insights into Atopic Dermatitis Guide Management
Seth J. Orlow, MD, PhD
11:30 am Trichostiloughia and Factitial Dermatitis in Children
Barbara J. Coffey, MD, MS
12:00 noon Acne in Infants, Children and Adolescents
Andrea L. Zanenembrg, MD
12:30 pm Questions and Answers Panel
Seth J. Orlow, MD, PhD
Barbara J. Coffey, MD, MS
Andrea L. Zanenembrg, MD
1:00 pm Lunch
Session 3: Moderator – Seth J. Orlow, MD, PhD
2:00 pm Challenging and Instructive Cases from NYU Medical Center/Bellevue Hospital Center, Johns Hopkins Children’s Center and Penn State/Hershey Medical Center – with Audience Response System
Jula V. Schaffer, MD
Bernard A. Cohen, MD
Andrea L. Zanenembrg, MD
3:30 pm Adjourn